

Disciplines for the Disciple
“Meditation”
Philippians 4:4-9
March 6, 2022

Additional Passages from last week’s Daily Scriptures:

Psalm 19; Romans 8:1-17, ch. 12; Colossians 3:1-17

I. Slow Down (4-7)

- A. Recognize God’s Presence
- B. Don’t be Anxious
- C. Accept God’s Peace

II. Set Your Thoughts (8)

- A. True, Honorable and Just
- B. Pure and Lovely
- C. Commendable/Praiseworthy

III. Seek God’s Instruction (9)

- A. Learned and Received
- B. Heard and Seen
- C. Practice these things

What am I going to do tomorrow as a result of what I hear today?

Have questions about today’s message? Earl would love to talk to you! earl@fccgwd.org

“Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.” (Philippians 4:8 ESV)

Memory Verse for March:

“Beware of practicing your righteousness before other people in order to be seen by them, for then you will have no reward from your Father who is in heaven.” (Matthew 6:1 ESV)